



# Retreat

## Healing with Chakras



# The place

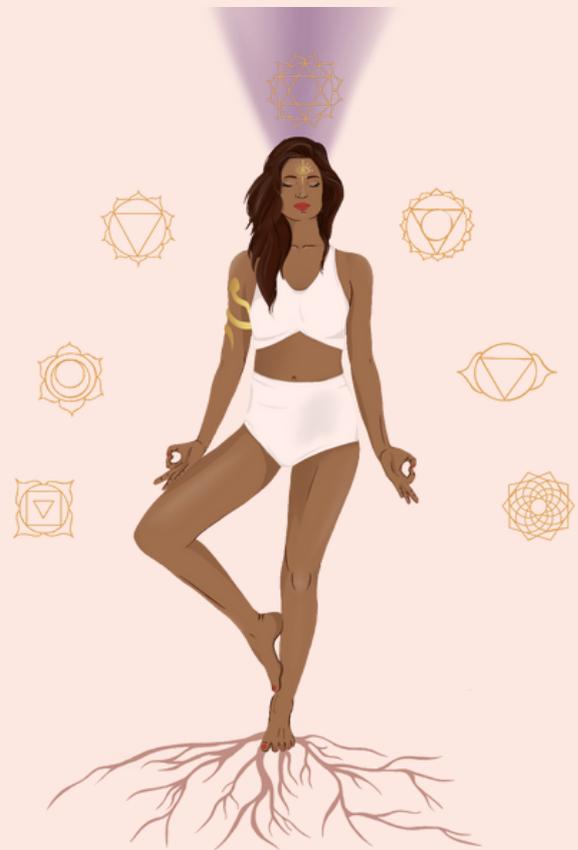
**Dates:** 24 to 30 September 2023

**Location of accommodation and induction:** Dubai - Jumeirah 1  
(Dubai centre and address given at registration)



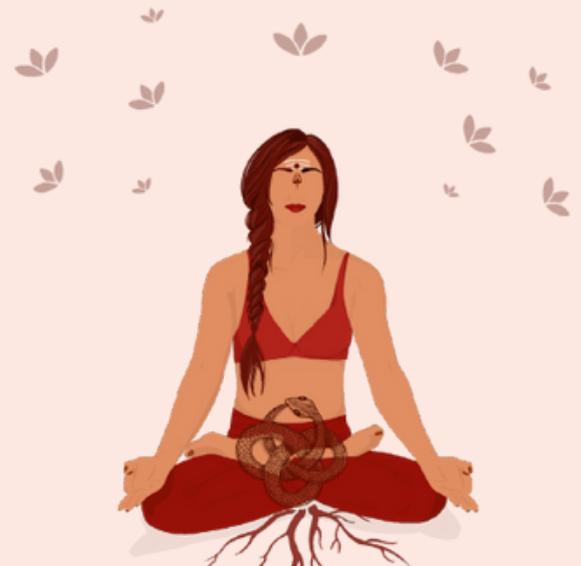
If you wish to get out of your blocks, your fears, your conditioning and your limiting beliefs and/or if you have perceptions, feelings, intuitions without knowing how to channel them and apply them to your own guidance (kinesthetic sensitivity, even hyper-sensitivity, clairvoyance, clair-audience, premonitory dreams...).

Or if you are already a practitioner (therapist, masseur, naturopath, magnetizer ...) but lack the tools to identify the psycho-emotional issues of your activity then this training is relevant for you.



# Program

During the week we will work on the practice of energetics and magnetism as well as that on oils, initiations, and on the parts of the body related to the Chakras.



# Typical day



*Start of the day: 9.30 am*

Introduction to the day  
Chakra healing work  
Case studies & exercises  
Meditation

*Lunch (not included)*

*Afternoon*

Chakra teachings (stones, oils,  
relationship to the body,  
psychological knowledge of the  
Chakras, relationship to food)  
Energetic practices in duo  
(magnetism and energetic  
perception of the Chakras)

*End of the day: 6.30 pm*

# **This course is for you if :**

*You are looking for :*

- ✓ To find a life that feels like you
- ✓ To understand your wounds
- ✓ To understand your emotions
- ✓ Tools and understandings to decode your history, blockages, shocks, and traumas
- ✓ Connecting with yourself
- ✓ Initiate and develop your magnetism
- ✓ Discovering your energy centres (Chakras and energy bodies)

# Tools used

Crystals

Energy practices

Essential Oils

Dreams made during the training

Oracles of the soul families



# You too can leave with your diploma



And with summary sheets  
on each Chakra





Thank you Katia, it was both a collective and intimate moment, a magical moment of reprogramming with the power of Words, the Word and the Voice, but also a vibratory accompaniment. I do not regret at all this training which is brilliant and which brings us so much.



Anna Ka.



Thank you Katia for teaching this beautiful practice of harmonization, for self-care, for our loved ones and even to enrich our professional practice. It makes us want to follow a cycle of teachings on other energy or "healing" techniques with you



Christelle Benoni



I am delighted to be following this dense training. A lot of what I receive resonates with me, sheds light on my history and above all makes me more aware. I am also amazed by the synchronicities that appear in my life indicating that I am on the right path. This is the first time that my life path is so well lit to move forward.



Marest Michèle



# ABOUT

Katia Bougchiche is a psychologist and energeticist, traditional healer, author, speaker and trainer. She has been accompanying people for more than 15 years to get to know themselves, to heal, to reveal their gifts, their powers and to access their inner beauty. She is the author of 3 best-sellers, all published by Éditions Leducs. She also created her first initiation school [www.katiabougchiche.com](http://www.katiabougchiche.com) where she trains in Chakras, lunar cycles, Tarots and Oracles, Dreams, Sacred Rituals and much more...





## ABOUT

Katia Bougchiche has also been giving this training, chakras for more than 12 years in retreats, on online trainings and she is currently writing "La Bible des Chakras" published by LeDucs. This very complete book on the knowledge of the chakras will be published in the autumn of 2023.



# Pricing



8800 aed

7 days full of lessons

Meals and accommodation are  
not included

**GROUP LIMITED : 10 PEOPLE**

# F.A.Q

The training starts on the 24th and ends on the 30th.

The day starts at 9.30 a.m. and we finish around 6.30 p.m

## ARE THERE ANY PRE-REQUISITES TO PARTICIPATE IN THIS TRAINING?

There are no prerequisites, the retreat is open to anyone with any experience. It is designed to introduce and enable you to learn the lessons without any background or experience.

This course is not for people who do not wish to work on themselves.

## HOW DOES THE SETTLEMENT WORK?

Payment can be made in one, two or three payments (maximum).

Your place is reserved for you as soon as you confirm your arrival with your first payment.

The full payment must be made before the day of the event.



I look forward to welcoming you to my  
sanctuary.



For any information, please send  
me an email at  
[middaywoman@gmail.com](mailto:middaywoman@gmail.com)

I am registering for the retreat

*Katia Bougchiche*